

# SPOT HALL OF FAME



## Winner of the Best Contours BREAST SUB-SITE

### DR SERGEY GOLUB

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Please give us a brief introduction about yourself.

I am a Radiation Oncologist in Hadassah Medical Moscow, Russia. My areas of interest include radiotherapy, SBRT, stereotactic treatment of liver metastasis and a scientific interest in particle beam radiotherapy.

Why did you decide to register for the SPOT Contouring Workshop 2021?

We had some positive experience of cooperation with Asian Alliance Radiation Oncology (AARO) doctors before, had several on-line tumor boards and productive discussions of tough cases, so when we received an invitation to participate in SPOT Contouring Workshop 2021, we immediately agreed.

Share with us what was most satisfying/meaningful to you about your participation in the pre-course contouring exercise.

I had a real fun time contouring those test-cases, it was so exciting to know that my contours would be assessed by the workshop committee along with contours from other participants from all over the world. In addition, it was a great chance to have our contours reviewed by the leading experts in the field.

**"1. Practice. It is essential to see more patients, more different anatomies, more different cases.**

**2. Knowledge. Learn more from your colleagues, on-line libraries and professional web-portals, books and conferences.**

**3. Don't be afraid to try something new"**

Describe any painful experiences you have had (if any) in the course of this exercise, and how you overcame them.

Actually, everything went smooth, the only tricky part was the contour uploading process, but I'm not sure that it can be organised any easier.

What did you think your chances were of winning the contouring competition, and how did you feel when your name was announced during the prize-winners ceremony?

Frankly speaking, I was sure that my contours would not win in any of the categories. Main fun in participation was to complete contouring exercises, test my professional skills and learn something new. When my name was announced, I was really taken aback and couldn't believe my eyes and ears, it was literally breathtaking.

What advice would you give to participants of future SPOT courses to increase their chances of winning the competition?

Well, I don't think that I am some kind of contouring guru and can give any life changing advice. I will try to mention some key points that helped me earlier, when I just started my career in radiation oncology. 1. Practice. It is essential to see more patients, more different anatomies, more different cases. 2. Knowledge. Learn more from your colleagues, on-line libraries and professional web-portals, books and conferences. 3. Don't be afraid to try something new, for example, participate in SPOT Contouring Workshop 2022!



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